Dr. Alvy’s Regular Speaking Topics on Parenting and Child Development

**General Parenting Topics and Issues:**

Each of these presentations addresses either an enduring problem regarding raising children and making this a better world for children, or a problem or topic that is of current interest because of some recent newsworthy event.

- To Spank or Not?
- Preventing Child Abuse
- Parents, Drugs and Kids
- Violence: The Solution Starts at Home
- Preventing Delinquency and Gang Involvement
- Helping Children Cope with Terrorism
- Raising Teenagers
- Involved Parents: The Key to Academic Success
- Careers and Kids: Balancing Work and Family Responsibilities
- Building Your Child’s Self-Esteem
- Successful Grandparenting
- Spending Time with Your Family
- Reconnecting with Your Adult Children
- Cultural Pride and Parenting
- The Job and Joys of Parenting

**Parenting Skills and Strategies:**

Each of these presentations teaches audiences about the importance of specific parenting skills or parenting strategies, and how to apply them in their own homes with their own children.

- The Effective Praise Method
- Encouragement
- Affirmations
- Positive I-Messages
- Mild Social Disapproval
- Ignoring
- Time Out
- Confrontive I-Messages
- Natural and Logical Consequences
- Contracting with Children
- Defining Who Has the Problem
- No Lose Problem Solving
- Family Rule Guidelines
- The Thinking Parent’s Approach
- Special Incentive Systems
Family Councils

Understanding Child Development:

Each of these presentations educates audiences about a crucial facet of child development so that their understanding of children will be broadened and enhanced.

Stages of Development
Areas of Development
  Physical Development – Movement
  Cognitive Development – Thinking and Learning
  Communication Development – Expressive and Receptive Language
  Sensory Development – Vision, Hearing, Taste, Touch
  Social and Emotional Development – Relating to Self and Others
  Self-Care Development – Daily Living Skills

How Children Learn
  Modeling
  Reward and Punishment
  Intrinsic Motivation

Typical Parenting Issues and Problems:

Each of these presentations deals with a common child rearing challenge or problem, and provides practical and effective methods for managing and for preventing them.

<table>
<thead>
<tr>
<th>Spoiling</th>
<th>Shyness</th>
<th>Bedwetting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whining</td>
<td>Homework</td>
<td>Sleep Problems</td>
</tr>
<tr>
<td>Tantrums</td>
<td>Cleaning Up</td>
<td>Toilet Training</td>
</tr>
<tr>
<td>Disobedience</td>
<td>Chores</td>
<td>Not Communicating</td>
</tr>
<tr>
<td>Talking Back</td>
<td>Fighting/Arguing</td>
<td>Moodiness</td>
</tr>
<tr>
<td>Dawdling</td>
<td>Interrupting</td>
<td>Smart-Talk</td>
</tr>
<tr>
<td>Making Friends</td>
<td>Clothing</td>
<td>Intolerance</td>
</tr>
<tr>
<td>Sibling Rivalry</td>
<td>Television</td>
<td>Hair Styles</td>
</tr>
<tr>
<td>Grooming</td>
<td></td>
<td>Computers</td>
</tr>
</tbody>
</table>

Children with Special Needs:

These presentations cover the causes and treatment of various childhood disabilities and other special needs, as well as issues that must be addressed in order to be most effective in helping children with special needs and their families.
Autism Spectrum Disorders
Learning Disabilities
Mental Retardation
Hearing Impairments
ADHD/ADD
Down Syndrome
Importance of Early Identification and Early Intervention
Speech and Language Problems

Visual Impairments
Emotional Disturbance
Orthopedic Problems
Deaf/Blindness
Cerebral Palsy
National Partnership Campaign to Find and Help Young Children with Special Needs